

Date of estimated first frost: _____

Days-to-maturity	Weeks before frost (days-to-maturity plus one week)	Approximate planting date	SEEDS to plant around this date	TRANSPLANTS to plant around this date
14 Days	3 Weeks			
21 Days	4 Weeks			
28 Days	5 Weeks			
35 Days	6 Weeks			
42 Days	7 Weeks			
49 Days	8 Weeks			
56 Days	9 Weeks			
63 Days	10 Weeks			
70 Days	11 Weeks			
77 Days	12 Weeks			

For use with Fall Garden Planning, book by Amy Whitney, of smallgardennews.com.
 See instructions on pages 13-14, with example on pages 15-17.